

PSALM 41

The Psalmist in Sickness Complains of Enemies and False Friends.

For the choir director. A Psalm of David.

- 1 How blessed is he who ^aconsiders the ¹helpless;
The LORD will deliver him ^bin a day of ²trouble.
- 2 The LORD will ^aprotect him, and keep him alive,
And he shall ¹be called ^bblessed upon the earth;
And ^cdo not give him over to the desire of his enemies.
- 3 The LORD will sustain him upon his sickbed;
In his illness, Thou dost ¹restore him to health.
- 4 As for me, I said, “O LORD, be gracious to me;
^aHeal my soul, for ^bI have sinned against Thee.”
- 5 My enemies ^aspeak evil against me, “When will he die, and his name perish?”
- 6 And ¹when he comes to see *me*, he ^aspeaks ²falsehood;
His heart gathers wickedness to itself;
When he goes outside, he tells it.
- 7 All who hate me whisper together against me;
Against me they ^adevise my hurt, *saying*,
- 8 “A wicked thing is poured out ¹upon him,
That when he lies down, he will ^anot rise up again.”
- 9 Even my ^aclose friend, in whom I trusted,
Who ate my bread,
Has lifted up his heel against me.
- 10 But Thou, O LORD, be gracious to me, and ^araise me up,
That I may repay them.
- 11 By this I know that ^aThou art pleased with me,
Because ^bmy enemy does not shout in triumph over me.
- 12 As for me, ^aThou dost uphold me in my integrity,
And Thou dost set me ^bin Thy presence forever.
- 13 ^aBlessed be the LORD, the God of Israel,
From everlasting to everlasting.

Amen, and Amen.

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^a Ps. 82:3, 4; Prov. 14:21

¹ Or, *poor*

^b Ps. 27:5; 37:19

² Or, *evil*

^a Ps. 37:28

¹ Or, *be blessed*

^b Ps. 37:22

^c Ps. 27:12

¹ Lit., *turn all his bed*

^a Ps. 6:2; 103:3; 147:3

^b Ps. 51:4

^a Ps. 38:12

¹ Or, *if he*

^a Ps. 12:2; 62:4; Prov. 26:24-26

² Or, *emptiness*

^a Ps. 56:5

¹ Or, *within*

^a Ps. 71:10, 11

^a 2 Sam. 15:12; Job 19:13, 19; Ps. 55:12, 13, 20; Jer. 20:10; Mic. 7:5; Matt. 26:23; Luke 22:21; John 13:18

^a Ps. 3:3

^a Ps. 37:23; 147:11

^b Ps. 25:2

^a Ps. 18:32; 37:17; 63:8

^b Job 36:7; Ps. 21:6

^a Ps. 72:18, 19; 89:52; 106:48; 150:6

ⁱ *The New American Standard Bible*, (La Habra, California: The Lockman Foundation) 1977.